

2010 Renton Youth Track & Field Team

Schedule Ages 9-15

Emphasis is on fun, participation and skill development.

All practices will be held at Renton Memorial Stadium

Directions to meets are on reverse side.

No practice on scheduled track meet dates or where noted.

Head Coach – Jeff Stuart Asst Coach—Vicky Chappell



Great Tasting Lunchmeat

Date	Day	Event	Time	Location
May 18	Tuesday	Mandatory Parent Orientation Quick practice/warmup	6:00-7:30pm	Renton Memorial Stadium
May 20	Thursday	Practice– all together	7:00-8:00pm	Renton Memorial Stadium
May 25	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
May 27	Thursday	Practice– all together	7:00-8:00pm	Renton Memorial Stadium
June 1	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
June 3	Thursday	In-House Practice Meet	6:00-8:30pm	Renton Memorial Stadium
June 8	Tuesday	Practice– Pictures (during practice)	7:00-8:00pm	Renton Memorial Stadium
June 10	Thursday	Hershey District Meet Ages 9-14 <i>No Practice for all ages 5-8</i>	5:30pm	Renton Memorial Stadium Ages 9-14 only
June 15	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
June 17	Thursday	Mini Meet Renton @ Auburn	5:30pm	Auburn High School
June 19	Saturday	Hershey State Meet– Ages 9-14 Qualifiers only	TBA	South West Athletic Complex Seattle, WA
June 22	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
June 24	Thursday	Mini Meet Mt Si @ Renton	5:30pm	Renton Memorial Stadium
June 29	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
July 1	Thursday	No Practice– 4th of July Holiday Weekend	_____	No Practice
July 6	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
July 8	Thursday	Mini Meet Issaquah @ Renton	5:30pm	Renton Memorial Stadium
July 13	Tuesday	Practice	7:00-8:00pm	Renton Memorial Stadium
July 15	Thursday	All City Meet @ Renton	5:30pm	Renton Memorial Stadium

Renton Memorial Stadium 406 Logan Ave N. Renton, WA 98055

City of Renton Community Services Department-Recreation Division

Donna Eken Recreation Coordinator (425) 430-6700 deken@rentonwa.gov



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City of
Renton
Community Services Department



2010 Renton Youth Track & Field Team

Directions

Renton Memorial Stadium (406 Logan Ave. North Renton, WA. 98055)

From North:

Take I-405 South to Sunset Blvd North. (exit #4). The off ramp merges onto Sunset Blvd.

Take a right (West) on NE 3rd St. (the 1st stoplight, Burger King will be on your right) NE 3rd St. heads NW and turns into NE 4th St. Travel straight ahead on NE 4th St. The stadium will be directly in front of you. NE 4th St. ends at Logan Ave N. Turn left on Logan and then immediately turn right into the stadium parking lot.

From South:

Take I-405 North to the Hwy 169/Bronson Way S exit. (exit #4). Stay left when the off ramp splits and go over Hwy 169 and then loop around and head back under 405. Turn right (North) on Sunset Blvd N (the 1st stoplight under 405).

Turn left (West) on NE 3rd St. (the 1st stoplight, Burger King will be on the left) NE 3rd St. heads NW and turns into NE 4th St. Travel straight ahead on NE 4th St. The stadium will be directly in front of you. NE 4th St. ends at Logan Ave N.

Turn left on Logan and then immediately turn right into the stadium parking lot

(You can turn left onto Logan from both left lanes of 4th St. Be in the 'center-left' lane so after turning left onto Logan you can immediately turn right into the parking lot. There is another entrance farther down Logan if you miss the first one.)

Auburn High School (Auburn Memorial Stadium) (800 4th St NE, Auburn, WA 98002)

Take Hwy 167 (Valley Freeway) South for 10.3 miles. Take the "15th Street NW" Exit. Turn Left on 15th Street and continue for 1.2 miles.

Turn Right on Auburn Way N. and go South for .8 miles. Turn Left on 4th Street NE and go East for .3 miles. Auburn Memorial Stadium will be on your left.

Auburn Riverside High School Stadium (501 Oravetz Road SE, Auburn, WA 98092.)

Take Hwy 167 (Valley Freeway) South. Take the Algonia Pacific Exit. Turn Left on Ellison Road. Turn Right on A Street SE. Road name changes to E Valley Hwy E. Turn left onto Lakeland Hills Way SE. Turn left on Oravetz Road SE.

Issaquah High School Stadium (700 2nd Ave SE, Issaquah, WA, 98027)

Eastbound I-90 take Exit 17. Turn right onto Front Street. Turn left on Sunset Way. Turn right on 2nd Ave. School is located on the left.

From May Valley Road/Issaquah Hobart Road. Travel west on Issaquah Hobart Road towards Issaquah. . Turn right on 2nd Ave. School is located on the right.

Mount Si High School (8651 Meadowbrook Way SE, Snoqualmie, WA 98065)

Take I-90 eastbound (towards Snoqualmie Pass). Take exit #27 (Snoqualmie). Take a left at end of off ramp onto SE North Bend Way (follow for a mile or two). Take a left onto Meadowbrook Way SE. At railroad tracks take a left onto Railroad Ave. SE. Take a right onto Delta Street or Gamma Street. School will be right in front of you at either road's end.

HERSHEY TRACK & FIELD YOUTH PROGRAM

The Hershey Youth Program has been a national event for over 25 years. This program is free and open to youth ages 9 to 14. Running events include 50, 100, 200, 400, 800, and 1600 meter. Field events include the standing long jump and softball throw. The Hershey Track and Field event is designed to encourage physical fitness, participation and sportsmanship for all youth. Winners from the local/district meets will advance to the State Championships held June 19th in Seattle. If you have any questions about the Hershey Track and Field Program you can visit www.hersheystackandfield.com or contact Dennis Cook, Washington State Chairperson.

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